

FREMONT COMMUNITY RECREATION AUTHORITY NEWS



NOVEMBER 2021



REC CENTER HOURS:

Monday – Friday, 6:00 a.m. – 8:00 p.m.
Saturday, 9:00 a.m. – 4:00 p.m.

POOL HOURS:

Lap Swim:

Mon/Wed/Fri, 6:00 a.m. – 8:00 a.m.
Monday – Friday, 11:00 a.m. - 1:00 p.m.
Tues/Thurs, 6:00 – 8:00 p.m.

Water Aerobics:

Mon/Wed/Fri, 9:55 a.m. – 10:55 a.m.

Open Swim:

Saturday, Noon – 3:00 p.m.

Check the Rec calendar to see what's going on at any time. Go to www.fremontcra.org, click on "Calendar" to see what's been scheduled for any given day.

A FEW WORDS (Actually, many words)

I know that all of you know me as the person who sits behind the desk day in and day out. But not many of you may know that I also serve as secretary of the Rec Center board. Working here and running the day-to-day operations of the Rec Center, overseeing the building and staff and developing programs allows me to give the board a through understanding of how this place works. And, as director, it's my responsibility to recommend changes such as hours of operation and pricing.

Starting January 1, 2022, the Rec Center will be changing its pricing structure for memberships and programs.

Currently membership prices are \$15/month for a student membership, \$20/month for an individual membership, and \$40/month for a family membership of 2-5 people. Starting January 1, 2022, membership pricing will be:

Resident Student: \$15/month

Resident Individual: \$20/month

Resident Family: \$40/month (for 2-5 people, additional \$5 per person, per month if over 5 people)

A resident is someone who lives in the City of Fremont, Dayton Township or Sheridan Township.

Why are they residents? Because they passed a millage of .5 mills to help fund the Rec Center.

If you are not a resident, membership prices will be:

Non-Resident Student: \$17/month

Non-Resident Individual: \$22/month

Non-Resident Family (2-5 people): \$44/month (for 2-5 people, additional \$5 per person, per month if over 5 people)

Please be aware that membership prices have not increased for the past two years.

As for pricing for most programs/classes/activities, we will be moving to a 3-tier system. After much research, I've found that this is a common pricing practice for many gyms and fitness businesses across the country. The cost of a class will be based upon whether or not you're a Rec Center Member, a Resident, or a Non-Resident. For example, the water aerobics class that will start on January 3 will be:

\$45 Rec Member

\$50 Resident

\$55 Non-Resident

This is for a class that runs 3 times a week for 8 weeks--that's 24 sessions. When you do the math, that works out to \$1.85/session for a member, \$2.08/session for a resident, and \$2.29/session for a non-resident. Really, a very good deal.

Now, you may ask, why aren't classes/programs included in the membership? Because in order to include classes/programs in the membership, the monthly membership price would go up substantially. If you don't want a class, why pay for it? If all you're interested in doing is lap swim or using the fitness equipment, that's part of your membership. You're not paying for a class you're not interested in taking.

My recommendation to the Rec Center Board to move to this new payment plan was not made lightly. Nor was the decision by the Board to move forward with it made lightly. If you have questions or concerns, please contact me or a Board Member or attend a Board Meeting. Meetings are held the third Thursday of the month starting at 7:00 p.m. at the Rec Center.

Next month I'll discuss Silver Sneakers.

Dawn



UPCOMING HOLIDAY SCHEDULE

Thursday, November 25 (Thanksgiving)	CLOSED
Friday, December 24 (Christmas Eve)	CLOSED
Saturday, December 25 (Christmas Day)	CLOSED
Friday, December 31 (New Year's Eve)	CLOSED
Saturday, January 1 (New Year's Day)	CLOSED

OPEN SWIM DURING THE HOLIDAYS:

In addition to our Saturday Open Swim, there'll be additional holiday open swim time:

- Friday, November 26, 1:00 – 4:00 p.m.
- Monday, December 27, 1:00 – 4:00 p.m.
- Tuesday, December 28, 1:00 – 4:00 p.m.
- Wednesday, December 29, 1:00 – 4:00 p.m.
- Thursday, December 30, 1:00 – 4:00 p.m.

GARDENING 101 CLASS

In our third gardening class with Anthony Ebenstein, we'll learn about and discuss the topics of Cacti and Succulents and Potting and Transplanting. Join us!

Tuesday, November 16
6:00 – 7:00 p.m.
\$5 per person

WOMEN'S SELF-DEFENSE CLASS FOR TEENS AND ADULTS



Our martial arts instructor, Frank Ferrier, will be teaching his very popular self-defense class Saturday, November 13 from 10:00 a.m. – Noon. The cost is \$20 R and \$25 NR. Come learn effective self-defense techniques in a safe environment.



COOKIES WITH SANTA

Make plans for your child to visit with Santa at the Rec Center! In addition to spending some time with Santa and taking a photo, you can enjoy cookies and milk, coloring, crafts, and fun activities!

SATURDAY, DECEMBER 4
1:00 – 3:00 PM
\$5 per child—Resident
\$7 per child—Non-Resident

Pre-registration is required. Limit of 50 children; children 2 and under free with an older child registered.

Parent/Guardian must be present. Register by calling the Rec Center at 231.924.3750 or on-line at www.fremontcra.org.

FITNESS CLASS STARTING IN NOVEMBER

Low-Impact Aerobics: Monday/Wednesday/Friday 9:00 a.m. – 10:00 a.m. November 1 – December 22. Cost is \$56 Resident, \$61 Non-Resident, for 3 times a week; \$39 Resident, \$44 Non-Resident for 2 times a week. \$5 Drop-in.

Water Aerobics: Monday/Wednesday/Friday 9:55 a.m. – 10:55 a.m. November 1 – December 29. Cost is \$45 Resident, \$50 Non-Resident, for 3 times a week; \$30 Resident, \$35 Non-Resident for 2 times a week, \$5 Drop-in.

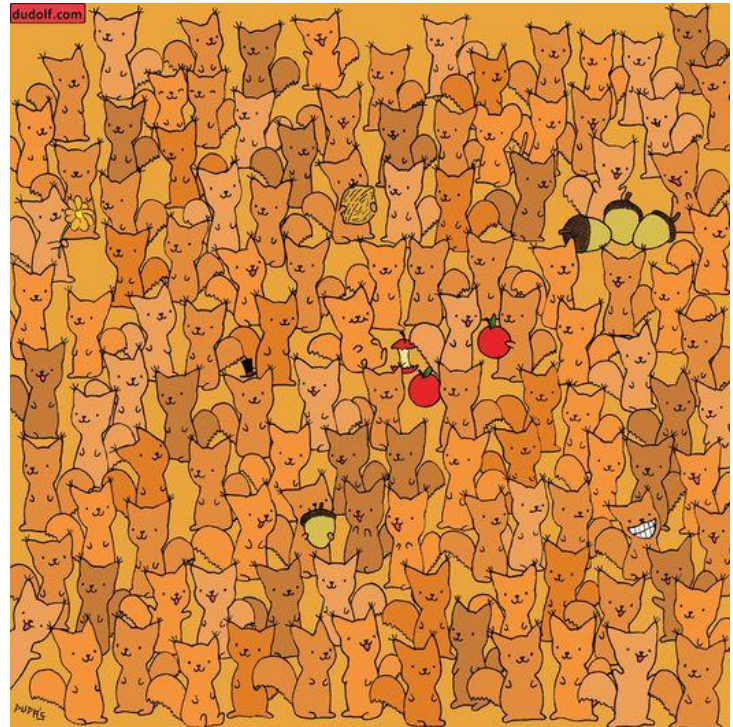
HIGH Fitness Aerobics with Zoe Harmon: Monday/Wednesday 5:45 – 6:45 p.m. November 10 – December 20 (no class November 17 or November 24). Cost is \$45 Resident, \$45 Non-Resident, \$5 Drop-in.

Strength Training with Rachel Doremus: Tuesday/Thursday 5:45 – 6:45 p.m. November 2 – December 21. Cost is \$50 Resident, \$55 Non-Resident, \$5 Drop-in

MADE YOU THINK

(Answer at the bottom of the page)

1. Can you find the mouse among the squirrels?



To see the answer: <https://bit.ly/37uFBLu>

THANK YOU TO ALL WHO TOOK THE TIME TO COMPLETE THE REC CENTER SURVEY!