



FCRA'S SNOW VOLLEYBALL RULES AND REGULATIONS

4 on 4 SELF-OFFICIATED VOLLEYBALL RULES

Rules:

- Each team consists of no more than 4 players on the court at one time. A team may play with 3 players in the 4 x 4 format but note with coed division, rules apply with the respect to number of gender required on the court.
- Teams will have an allotted amount of time to play one game per round; games will play until 10 minutes are up or the first team who scores 15 points; win by 2 and cap at 21 (if registration is less than anticipated, the time per games will increase from 10 to 15 minutes and the points from 15 to 21).
- All games will play using All-Rally Scoring Rules. There are no sideouts.
- The height of the net will be divided equally between Men & Women, regulation: 7' 8 5/8".

Beginning of each game:

Each game will start with *rock, paper, scissors*. The winning team will have one of two options: choose to serve first or choose which side they prefer to play on (not both).

Tournament Play:

Round Robin Play. Teams will play each team 1 time. Each team will keep track of their points of each game. Each team's total number of points will then be given to staff and those points will determine the position in the single elimination play.

Single Elimination Play. Self-explanatory. You lose, you're out. Last team standing wins the mini tournament.

Required Number of Players. A team may play with 3 players in the 4x4 format.

Service. Server rotation is required. Teams may not attack a serve. The service line is the back-end line on both sides of the court and runs the length of the end line. No screening is allowed, (blocking path of vision to the server). The ball may touch the net on serve as long as it goes over the net.

Time Outs and Substitutions. Each team is allowed one thirty second (:30) timeout per game. Time out may be called prior to server receiving ball on either side of court (between plays). There are no substitution restrictions as long as one player does not occupy more than one position in the service order during the game.

Ball in Play. Each team has up to three contacts at the ball before the ball returns to opposing team's side of the court; blocks do not count as a contact. A player may not contact the ball two times in a row. Two players may contact the ball at the same time; however it is considered two hits. You cannot lift, double contact or throw the ball. On the service receive a "Single Contact" is required when playing the ball above the shoulders. Technically you can receive a serve with your fingertips ("set the serve") if perfectly clean but since this is self-ref play and too subjective, we are not allowing you to set the serve. You can spike, roll, fist, knuckle or cobra a ball with your hand but you cannot push, tip or throw. If you set the ball over the net, the ball must travel directly in the path the shoulders are facing, with back or front (no deceptive setting). USAV Outdoor Rules apply if not stated here.

REMEMBER: THIS IS MEANT TO BE FUN!